



Directions

From the NORTH: Take 35W S to the Hwy 280 exit. Follow 280 South one block past University Ave. Turn right on Franklin Ave. The building is on the right.

From the EAST: Take 94 West to the Hwy 280 exit. Take the University Ave exit. Turn left on Franklin Avenue. The building is on the right.

From the WEST: Take 94 East to the Hwy 280 exit. Take the University Ave exit. Turn left on Franklin Avenue. The building is on the right.

From the SOUTH: Take 35W North to 94 East. Exit at University Ave. Turn left on Franklin Avenue. The building is on the right.

Our building is the large brick, four story building at the southwest corner of University Avenue and Highway 280.

PSYCH RECOVERY, INC.
COURT INTERNATIONAL BUILDING
2550 UNIVERSITY AVENUE WEST
SUITE 229N
SAINT PAUL, MN 55114
651-645-3115

PSYCH RECOVERY, INC.

OUTPATIENT MENTAL HEALTH CLINIC

2550 UNIVERSITY AVE WEST
SUITE 229N
ST. PAUL, MN 55114

651-645-3115

WWW.PSYCHRECOVERYINC.COM





With the presence of great understanding and freedom in us, we can embrace hardships countless times without fear.

Thich Nhat Hanh



PSYCH RECOVERY, INC.

Clinic Services

Psychiatry

Psych Recovery, Inc. has many prescribing providers, including Board Certified Psychiatrists (MD), Clinical Nurse Specialists (CNS), and Physician Assistants (PA) Each member of the team is here to assist with your assessment, medication management and TMS Therapy.

Psychotherapy

Our clinic has a wide range of therapists, specializing in many different forms of psychotherapy, including CBT, DBT, and Psychodynamic. Therapy is offered both in individual format, as well as in groups.

Psychological Testing

Our psychological providers specialize in neuropsychology testing for all age groups.

Nursing and Triage Staff

Our clinic has an RN on staff, as well as triage services to assist our providers and patients in their clinical care.

Clinic Hours

Monday–Friday	8am – 5pm
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Phone Hours

Monday–Thursday	8:30 am – 4pm
Friday	8:30 am – 3:30 pm

*You may need to leave a message.
Please be sure to leave a number that
accepts blocked calls.*

Billing Questions

Please call 651-645-3115

Cancellation Policy

24 hour notice is required.

Financial Policy

We will, as a courtesy to our clients, submit the primary insurance claim.

It is in your best interest to know the provisions of your insurance agreement prior to your visit. Please contact your insurance company if you have any questions.

All patients must obtain prior authorization from their insurance carrier for the first visit.

Payments, co-payments and deductibles must be paid at each visit

Patient or guardians of patients are responsible for payment of services in full.

*At your first visit please
remember to bring proof of
insurance and a picture ID.*