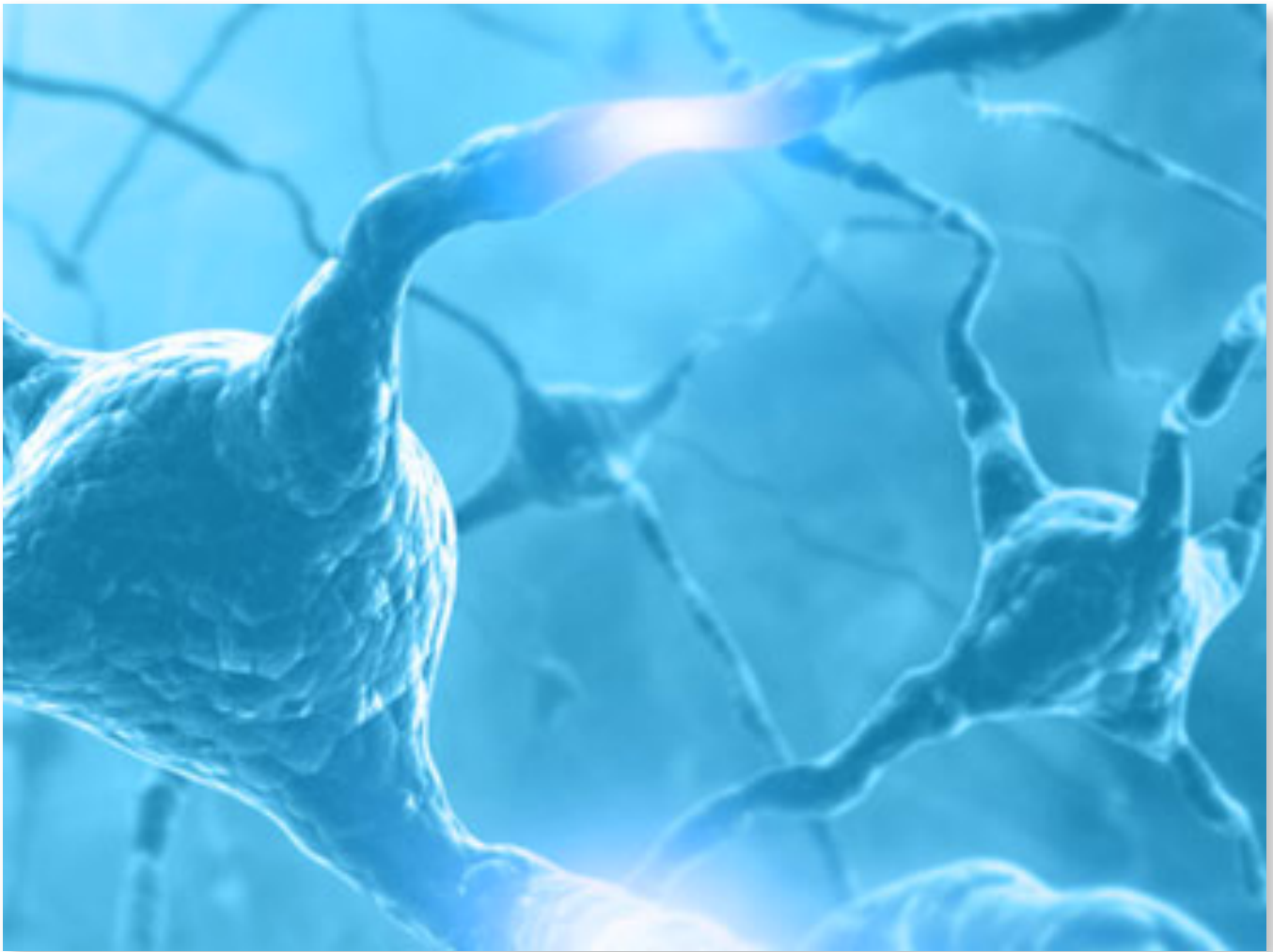




TMS Therapy

TMS Therapy for depression gives new hope for recovery from depression.

Transcranial Magnetic Stimulation: A Revolutionary Treatment



Transcranial Magnetic Stimulation (TMS)

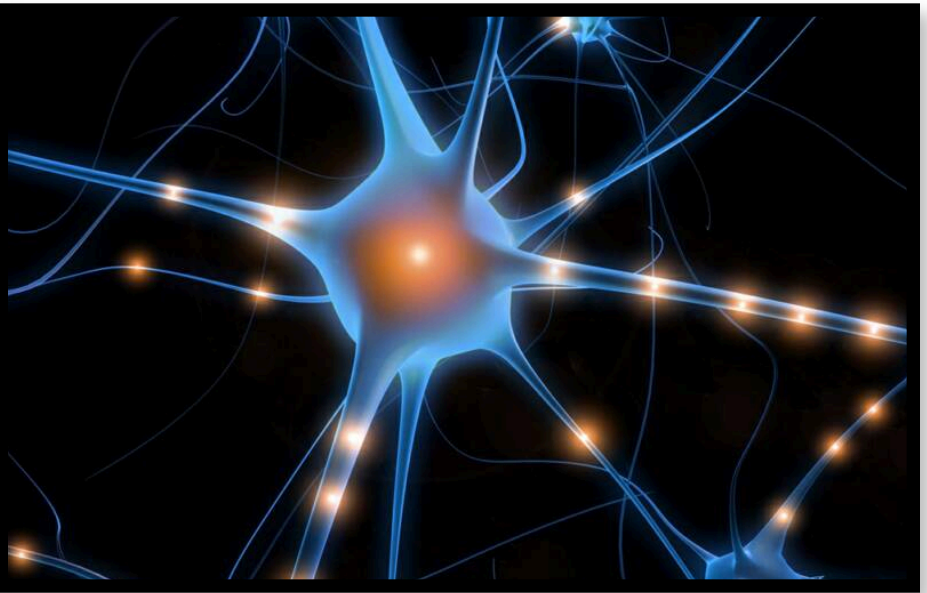
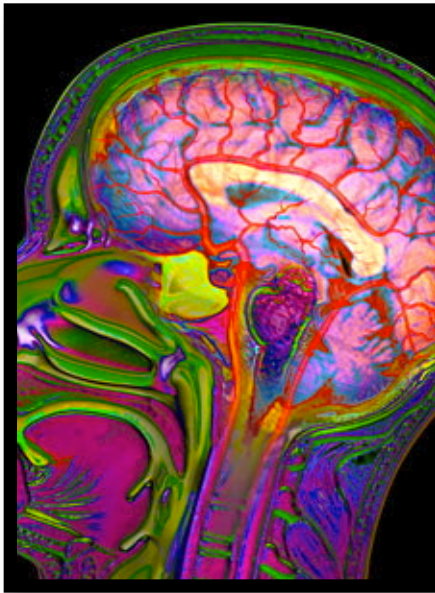
TMS Therapy for depression gives new hope for recovery from depression.

Transcranial Magnetic Stimulation (TMS) Therapy is an innovative therapy for the treatment of Major Depression and certain other neuropsychiatric disorders. Using highly focused, MRI strength magnetic pulses, TMS activates a specific region of the brain which regulates mood.

TMS was recently cleared by the U.S. Food and Drug Administration (FDA) for the treatment of Major Depressive Disorder in adult patients who have failed to achieve satisfactory improvement from prior antidepressant medication.



TMS uses the same strength of magnetic fields as MRIs, which have been used in tens of millions of patients around the world. It is a short outpatient procedure performed by Dr. Vine in the outpatient mental health clinic at Psych Recovery, Inc.



About TMS Therapy

Transcranial Magnetic Stimulation (TMS) is a safe, painless treatment for depression and certain other conditions without the use of medications. TMS uses brief, MRI strength magnetic pulses to stimulate the parts of the brain associated with the symptoms of the illness. Unlike medications, which act throughout the entire body, TMS does not cause side effects such as weight gain or sexual dysfunction.

TMS can be effective even if you have failed to respond to antidepressant medications. Unlike other treatments, such as electro-convulsive therapy (ECT), TMS does not cause cognitive side effects or memory problems. No anesthesia or sedation is used, so you can drive yourself to and from treatment and even go back to work or school right after a treatment. There is no need to disrupt your usual routine.

A typical course of TMS lasts 4-6 weeks. Treatments are given daily, Monday through Friday. Each treatment session lasts about 40 minutes.

We understand that when considering any medical treatment, patients have many different valid questions and concerns. We hope to answer all of your questions here, but if you would like more information or have specific questions, please call us at 651-294-3410.

Consultation

As every patient is different and experiences different symptoms of depression, seeing Dr. Vine for an in depth consultation is the best way to determine whether or not TMS is the most appropriate treatment for you. Dr. Vine's assessment includes reviewing the patient's symptoms and treatment history, discussing their treatment goals, and how TMS may help them to reach those goals.

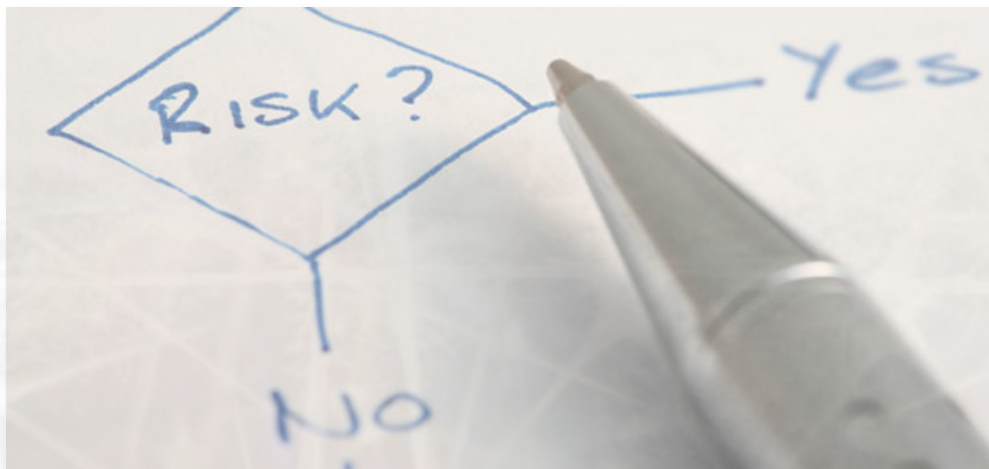
To schedule a consultation with Dr. Vine, please call Psych Recovery at 651-294-3410 and office staff will assist you.

About Dr. Vine

Dr. Craig Vine is now offering TMS treatment at Psych Recovery for treatment for depression. He received his board certification from the American Board of Psychiatry and Neurology.

Dr. Vine has received numerous honors and awards throughout his extensive and experienced career, and is also the medical director at Psych Recovery, Inc.

He is clearly recognized by colleagues and the community as an expert in treatment depression and mood disorders. His quality of service and skill has also been recognized in St. Paul Magazine naming Dr. Vine one of the "Top 100 Physicians" in the Twin Cities, as well as Minnesota Monthly Magazine naming him one of the "Top Doctors for Women".



TMS Frequently Asked Questions

What is the treatment like?

During treatment, the patient relaxes in the NeuroStar® chair while the magnetic pulses are administered at a certain frequency over a period of about twenty minutes to one hour, depending on the patient's specific treatment protocol.

Patients often wonder what the magnetic pulses will feel like. TMS is not painful. Patients report that the pulses feel like a slight tapping or tingling (this is due to stimulation of nerves in the scalp), but this sensation usually dissipates after several treatments.

Will TMS disrupt my day? Are there side effects?

One of the great benefits of TMS therapy is that unlike medications, TMS does not circulate through the body, therefore it does not cause side effects such as weight gain, dry mouth, upset stomach, dizziness, or sexual dysfunction. And unlike other treatments, such as electroconvulsive therapy (ECT), TMS does not cause cognitive side effects or memory problems. No anesthesia or sedation is used, so you can drive yourself to and from treatment and even go back to work after each treatment.

How effective is TMS Therapy?

TMS is effective about 75% of the time, which means that it is twice as effective as antidepressant medications and almost as effective as electroconvulsive therapy. Nearly half of those who respond to TMS feel better within the first few weeks of treatment.



Our Treatment Philosophy

Each patient presents with unique needs. Our goal is to provide a synergistic approach that offers TMS in combination with lifestyle management, psychotherapy, and medications when indicated.

What is the cost for TMS Therapy?

Insurance companies currently do not cover the cost of TMS treatment. There are options for financing, such as TMS loans, using health-spending accounts, or by using a credit card.

For More Information on TMS you can call our office or visit our website.



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